

Happy New Year to all of our members, families, staff and volunteers, and supporters!

**HAPPY★NEW★YEAR**

## Juniors Trip to the Pantomime

On 8th January a group of 50, made up of Junior Club members, parents, staff and volunteers, visited Bristol Hippodrome to see the pantomime Cinderella. There was lots of singing and dancing, and plenty of 'it's behind you's and 'oh no it isn't'! The show starred famous ice skaters Torville and Dean, who danced throughout the show on roller blades. Everyone enjoyed the show - both the children and grown ups! Thank you to the Bloss Foundation for the donation towards the tickets, to Keynsham Lions for paying for the coach, and to all our volunteers who helped on the day.



## We're Recruiting Volunteers!

Do you know someone who might be interested in volunteer work? We are looking for people to join our volunteering team. We have several vacancies at different clubs. Details can be found on our website, or anyone who is interested can contact Laura in the office for more information. No experience necessary, just a happy, jolly persona and plenty of enthusiasm! Please pass this on to anyone you think might be interested and help us spread the word!



## Sports and Fitness for Members

We run 3 weekly clubs for our members based around sport and fitness.

### **Boccia Club**

Boccia is a game similar to bowls. Our boccia team are very keen to recruit some new some players so that they can compete in matches with other teams. From March, Boccia club will move to a Wednesday evening, from 6 - 7pm.

### **Fitness for All**

We run a weekly fitness club on a Monday evening, 7.00 - 8.30pm. The club is designed to help our members be a bit more active and move more, with the emphasis on making fitness fun! Sessions are different each week, but can include a fun warm up to music, team games, challenges, relays, sports, aerobics, yoga, and more.

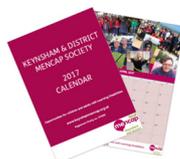
### **Football Club**

The football club meets on a Tuesday evening 7.00 - 8.00pm to train, and also plays league matches against other disability teams one Sunday a month, from Sept - April. The club is a great opportunity to play an popular sport with a fun and friendly team.

If you would like to join any of these clubs, or arrange a free taster session to try it out, please contact Laura in the office.

## 2017 Calendars

If you haven't got yourself a 2017 wall calendar yet, it's not to late! These brilliant calendars have a collage of photos each month featuring our members from across the Society. You can buy one now at the reduced price of just £5. Contact the office to order yours.



## Georgia's Bath Half for Saturday Club

Volunteer Georgia Meredith is in training, preparing to run the Bath Half Marathon in March to raise money for Super Saturday Club. Georgia will be running 13.1 miles around the city to raise funds for a day trip for the children. You can sponsor Georgia at: [www.justgiving.com/georgia-meredith1](http://www.justgiving.com/georgia-meredith1)

## Thank You!

Family and friends of the late Gordan William Rich, who made donations in his memory  
Leo Collywobbles for a donation made in lieu of buying Christmas cards  
iTeam Solutions for purchasing all their Christmas Cards from us  
Club Member Barry Hollyman for DJing at the KJ Christmas party  
Nicola Hodges Mother-in-Law for her donation to top up the KJ fundraising total  
New Inn Farmborough for putting on a fantastic night for the 18+ Christmas meal  
All the children and families of Keynsham Juniors who have been collecting their pennies and loose change and raised £92.05 for club  
Diane Want for her donation

## Well Done Kate!

We'd like to say a huge well done to one of our members, Kate Owens. Kate did a sky dive recently to raise money for Children's Hospice South West, in memory of her little brother Jack. Kate jumped from 15,000 feet, which is the highest jump you can do without oxygen. What an amazing lady!



## Welcome!

Congratulations to Hazel Thompson, a volunteer at Keynsham Juniors Club, who has been appointed as Deputy Leader. Hazel has been volunteering for a year and a half, and acting Deputy for the last 3 months.  
Welcome to new volunteers Leo at KJ, Katie, Leah and Molly at 18+ Club, Iain at football, and Ethan and Lucy at Radstock.  
Welcome to the team!

## Events 2017

Here are a few dates for your diaries; our fundraising events for the coming year.



**Saturday 4th February** - Winter Extravaganza at Saltford Golf Club.

**Sunday 21st May** - Family Fun Day at Avon Valley Country Park.

**Sunday 2nd July** - Stall at Keynsham Music Festival.

**Sunday 17th September** - Sponsored Walk or Cycle.

**Saturday 11th November** - Quiz Night at Keynsham Scout Hut.

**Friday 24th November** - Cake Sale and Tombola Stall at Keynsham Winter Festival.

We really do need the families and membership to get involved and help make these events a success. Pop the dates in your diary and look out for more information soon.

## Unwanted Gifts Collection

Don't be disappointed if you received a Christmas gift you aren't going to use - donate it to us to use in our next raffle or tombola! Perhaps you were given a toiletry set you aren't too fond of, or you have a box of chocolates, tin of biscuits or bottle of something left over. We're collecting items that we can use as prizes at future fundraising events, so if you have anything you want to donate please bring it to the office, or alternatively hand it in to your club leader. It will help us out, and the item won't go to waste!



## Raise Money When You Shop Online!

If you haven't already signed up for **Give As You Live** then do it now! It's really easy and doesn't cost you a penny. Simply go to their website, register, and every time you shop online a red tool bar pops up to ask you to switch it on. We receive a percentage of whatever you spend, at no extra cost to you. The address is [www.giveasyoulive.com](http://www.giveasyoulive.com)



## Volunteer Birthdays! February and March

### Happy Birthday to...

Layla Little - 3 Feb (18)	Ange Langham - 15 Feb
Corrie Bell - 3 Feb	Charlotte Stenner - 22 Feb (18)
Megan Godfrey - 4 Feb	Gary West - 28 Feb
Sophie Haberfield - 8 Feb	Harriette Hendy - 1 March
Claire Shute - 10 Feb	Ceri Sanders - 6 March
Terry Jackson - 15 Feb (70)	<b>Have a great day!</b>

## Contact Details

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