

## Radstock Group Summer Camp

Some of the children and young people that attend our Radstock group had a fun filled and action packed residential trip to the YMCA activity centre near Southampton this summer. The children were able to take part in a wide range of outdoor pursuits such as a blind guided trail, boat trip, kayaking, bouncing pillow, zip wire and an evening camp fire. Great fun was had by all. Thank you to Nicky and all the helpers.



## Music Man Project at Keynsham Bandstand

**Sunday 8th September. 2:00 - 3:00pm**

Our Music Man Project group are performing at Keynsham bandstand in Keynsham memorial park. Part of a series of summer concerts organised by the council, this is the first time a group of musicians with learning disabilities will be part of the line up.

Hear some of their favourite songs from their Royal Albert Hall debut earlier this year, some popular songs you might recognise and one or two new numbers they have been learning. It's a free concert, with a voluntary collection after the performance.

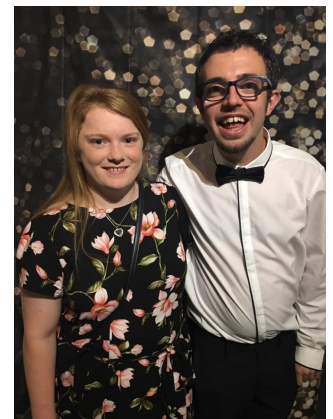
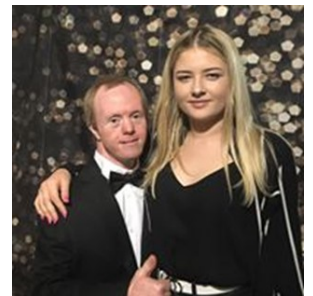
Bring a camping chair or picnic rug and join us for a sing along!



## Masquerade Summer Ball

Thank you to volunteer Molly Hale who organised our first masquerade ball for members and friends, held on Friday 16<sup>th</sup> August. The evening was a huge success and raised over £350 for the society.

Members enjoyed getting dressed up in their finest outfits and looked fabulous in black tie and party dresses. There was plenty of dancing, a buffet and a raffle.

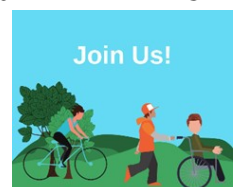


## Sponsored Cycle, Walk and Push

Please join us for our fun sponsored walk, cycle and push on Sunday 22<sup>nd</sup> September, meeting at 10.30am at the Bird in Hand Pub. As usual there will be complementary food for all participants. You can do as long or as short a distance as you want, you can also start from a place of your choosing and finish back at the pub for around 12.30. All we ask is that you let us know the distance you travelled and that you get some sponsors.

Please call the office 0117 986 5659 or email [amanda@keynshammencap.org.uk](mailto:amanda@keynshammencap.org.uk) to receive your registration pack.

It's always a great day and a great way to raise valuable funds for us.



## Thank You!

Tony Yendle who purchased training tops for the football coaches and helpers.

Caldwell Family and Saltford Marina for their donations.

Miranda McCormick who continues to donate the proceeds from the sale of her book 'Farming, Fighting and Family'.

Queen's Road Co-Op who have donated from their community fund for us to purchase more instruments for our Music Man Project.

## Volunteer Vacancies!

We have several volunteer vacancies we are keen to fill. We are particularly keen to recruit people for our weekly sessions at SENSations, Super Saturday Club, Fitness for All and Go Explore.

Anyone who is interested can contact Laura on [laura@keynshammencap.org.uk](mailto:laura@keynshammencap.org.uk) for more information or to arrange a taster session.



## Quiz Night - Save the Date!



Start getting your team together for our quiz night on Saturday 12<sup>th</sup> October. This year the event will take place at the Fear Hall, Keynsham. You can contact the office now to register your team (maximum of 6 people per team).

## Christmas Cards

That time of year will soon be upon us! We will once again be selling Christmas cards designed by our members. Members can submit a design by sending it in to the office or handing it in to your club leader. Designs should be on A4. Please do not fold it. Some of the groups will also have an opportunity to design a card at a club night. The manufacturer will only print the number of cards we order - maximising the amount we can fundraise from the scheme, so please do place your orders early. Look out for a flyer with the final designs to choose from coming soon.



Talking of Christmas...a date for your diary! Music Man Project Christmas Concert will take place on Saturday 7<sup>th</sup> December at Keynsham Methodist Church Victoria Centre. Tickets will be available soon - Adults £5 / Children free. Join us for some Christmas carols and mince pies.



Music Man Project

## Volunteer Birthdays! September

Happy birthday to...

Tessa Hubbard  
Hazel Thompson  
Kristy Tyack  
Julie Murray  
Nicola Hodges  
Ella Taylor



Have a great day!

## Welcome!

Welcome to Paris Lerway, our new Go Explore club leader. Paris is looking forward to getting to know all the club members in the coming weeks.

## Bath Half Marathon 2020

We have 20 spaces available for the Bath Half Marathon on Sunday 15<sup>th</sup> March 2020 and early registration is now open. Early bird registration fee is just £20 per runner with a pledge to raise £200. This year was so successful and we raised over £4500 with our 12 runners. An amazing amount so please consider being part of Team KDMS next year. We will provide support, music on the day from our musicians and plenty of cheers of encouragement.

**BATH HALF** 2020



The Keynsham Lions generously support our charity on a regular basis and so in return we would like to advertise a fundraising event that they are hosting. Tickets are £10 and can be bought from either Saltford Hall or Saltford Community Post Office or you can contact Ian: [ian@keynshamlions.org.uk](mailto:ian@keynshamlions.org.uk) or call 08458339817. There will be a licenced bar and dancing, it's guaranteed to be a fun night.

## Contact Details

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