

Newsletter

October 2019

Celebrating

years

Staff Vacancies

We have 2 job vacancies that we are looking to fill.

Go Explore Club Leader

Required to run our weekly Go Explore Club for young adults aged 18-25. Planning, organising and delivering activities for the group both at our venue and out in the community. Wednesdays 7:00-9:00pm, plus additional paid time to prep.

Boccia Coach

Coach required to lead our weekly boccia club sessions on a Wednesday evening, 6:00-7:00pm. What is Boccia?

Boccia is a game similar to bowls that is played sitting down, making it accessible for everyone. It is a Paralympic sport - and a lot of fun!

Qualifications

You do not need to currently hold a boccia coaching qualification. The rules are very simple to learn and you can coach the game without attending any formal training. The successful candidate will have the opportunity to gain a recognised coaching qualification in due course.

See our website for more information and to download an application form.

Christmas Concert Dates

It's a busy time of year!

Christmas Starts Now

Keynsham 'Good Afternoon Choir' are continuing their fundraising for us, and are joining the Yate choir for a concert on 30th November.

The proceeds of the concert will be split between the Society and Yate's chosen charity Children's Hospice South West.

7:30pm, St John's Church.

Tickets available by calling Nikki 01761 472468 Adults £10 / Under 12's £8.

Music Man Project Christmas Concert

Our very own musicians will be taking to the stage with a joyous mix of carols and popular songs. Saturday 7th December, 7pm at Keynsham Methodist Church Victoria Centre (on the High Street, opposite HSBC).

Tickets available from the office or on the door. Adults £5 / children free.

Christmas with Grenville's Choirs

office 01761 472468.

Grenville Jones and choirs are coming together again to raise money for the Society, this time for a day trip for the children at Super Saturday Club. Bath Male Choir, Bath Welcome Choir and Bath Chorus will all be performing. Saturday 21st December, 7:30pm. St Michael's Church, Bath (opposite Waitrose). Tickets £15 and are available from Grenville's

Annual Quiz

Our latest quiz night took place on 12th October with over 70 quizzers enjoying some healthy competition and answering questions on a wide



variety of subjects that ranged from sport and history to songs from favourite Disney films. Thank you Lucy Jefferies (Laura's sister) who took on the challenge and did an amazing job as quiz master. We hope you will come back again next year Lucy.

Team Quiz-Quiztopherson were overall winners for the 2nd time running. Who will challenge them next year as they go for a hat trick! Thank you to all those that helped with the bar, raffle, door collection and who donated prizes. It's a team effort, whether you're attending the quiz or assisting on the night all the help and support enabled us to raise just over £700 profit. A massive thank you to all who came along.

Tombola Appeal

We're starting to collect items for our tombola stall at the Keynsham Winter Festival. Please could you send in any unwanted gifts, fancy foodstuffs, chocolates, alcohol or toiletries that we can use as prizes. If you are available to help on the stall please do let us know. Thank you.

Thank You!

Gary Derrick who won £100 cash prize and donated it to Super Saturday Club. The money will be used to take the children trampolining. Haylee Fynn who volunteers at Go Explore. Her employer, Lloyds, made a donation through their match giving scheme.

Vale of Brislington Lodge for their donation. Jason Preston for stepping in last minute to drive the minibus for the football players.

Black Tie Dinner and Auction

Saturday 21st March 2020, Apex Hotel Bath

Charismatic entertainers Chris Bennett and Tim Mawditt are once again acting as auctioneers, guaranteed to make the evening go with a swing. A chance to get dressed up, enjoy a fun evening with great entertainment and support our charity in style.

Tickets will be £45 per person. Tables of 10 or 12 available.

Email amanda@keynshammencap.org.uk to reserve your space. More information to follow.

Football League

This weekend will see the first fixture in the football league, after the September date was rained off. We have 3 teams registered in the league again this year, eager to train hard and give it everything. Best of luck to all our players and teams, we look forward to following your progress throughout the season.

We're Going Plastic Free!

We are on a mission to reduce the use of single use plastic at our clubs and events. We've stopped offering drinking straws as standard and we're no longer using single use cups or plastic cutlery. Members are encouraged to bring tupperware to club when they are doing



cooking activities instead of using clingfilm or food bags. We are mindful about packaging of items we purchase. We will continue to make small changes to make us more environmentally friendly.

Welcome!

Welcome to new volunteers Tina at Music Man and Libby at Super Saturday Club.

Volunteer Vacancies!

We have several volunteer vacancies we are keen to fill. We are particularly keen to recruit people for our weekly sessions at SENSations, Super Saturday Club, Fitness for All and Go Explore. We have a number of new members waiting to join.

Anyone who is interested can

contact Laura on laura@keynshammencap.org.uk for more information or to arrange a taster session.

You can make us smile! We're now registered to receive funds from any purchases you make on Amazon.co.uk, just go to smile.amazon.uk, search for us and you will automatically be sent through to your amazon account. This will only work if you go through smile.amazon.uk first. Once you have made your first purchase

Amazon will remember your choice.

Join TeamMencap for the BathHalf 2020

We still have places available for the Bath Half Marathon on Sunday 15th March 2020. Early bird registration fee is just £20 per runner with a pledge to aim to raise £200. This year was so successful and we raised over £4500 with our 12 runners.

We will provide support, a branded running vest, music on the day from our musicians and plenty of cheers of encouragement.

BATHALF²⁰²⁰

Thank you to everyone that submitted a design for a Christmas card. We should received a mock up shortly and will then be asking you to place your orders. Packs of 12 will be £5.

Volunteer Birthdays! November

Happy birthday to...

Richard Rastall Jordan Kennedy Philippa Joyce Jemima Murray Jason Preston Emma Dixon Sarah Lansdown Rose Ford

Have a great day!

Contact Details

Keynsham Mencap Society

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