

WELCOME BACK!

We're delighted to have opened some of our clubs recently and to see some of our members again after such a long break! Although the clubs are a bit different to what we are all used to, everyone has adapted so well to the temporary changes we've had to make. Well done to all the members who have taken it in their stride, and thank you to all the staff and volunteers for not only making sure club is as safe as it can be, but that it's still a fun and exciting place to be!



For those clubs that haven't opened yet - don't worry, plans are underway to get up and running soon. All of our sports groups (fitness, football and bocchia) will all be starting again week commencing 17th May. Music Man Project is back on the 22nd May. We are unable to run our SENS club at the moment, but we have got plans for some outdoor activities and meet ups during the summer term. Letters and/or emails about all of this will be sent out shortly.

In the meantime, just a reminder that everyone's **annual membership is now due**. Please can you return the form and payment to the office as soon as possible. We have a waiting list for many of our clubs so we kindly ask that you please do let us know if you have decided that you do not wish to come back.



Join Our Team!

Staff Vacancy for Deputy Play Leader

As we make plans to reopen our clubs, we are recruiting for a deputy for our SENSations children's group. We are looking for someone dynamic and enthusiastic to help plan and deliver activities at our twice weekly sessions in Keynsham.

5 hours a week, term time.
Tuesday & Thursday
5:30 - 7:30pm, plus
additional paid time to
assist in the preparation of
the session and activities.



To request a copy of the job description, an application form, or for more information please contact Laura on 07792 722471 or by emailing laura@keynshammencap.org.uk

Well Done Jason!

And he's done it! Jason Preston has completed his virtual cycle of the distance from Lands End to John O'Groats - that's over 900 miles! What an amazing achievement Jason, well done!



Round the World Challenge

Our 'Round the World Challenge' is underway, with a series of activities organised through April and May to help participants get started and clock up some 'miles'.

Huge thanks to Nick Dewfall (Care Centre Sport and Exercise), and Nova Sports for delivering a Variety of different sessions including fitness bootcamp, athletics, football, rugby, hockey and tennis.

Members have also been completing some of their challenge at home with activities such as dancing, walking and cycling.

Members taking part will shortly have the opportunity to attend a number of events in Bristol organised by AccessSport, and we will be organising more activities later in the year.



If you haven't signed up but would like to take part please contact Laura. It's free to join, you can pick and choose your own activities and there's lot of variety and new things to try!

Thank You!

Molly Hale, who organised a virtual raffle and raised over £500

Rob Moore from the Wine Bar, who ran a virtual half marathon and raised over £1000

Gareth Davis who organised a beer safari with his neighbours

Judy Smith, for her donation

AbleFit who organised for our minibus to have a new tyre

Donate Unwanted Books, CDs and DVDs

Have you had a sort out over lockdown? Do you have any unwanted, good condition, books CDs DVDs or games? If you do please send them our way we could get money for your unwanted items. We are in the process of setting up an account with Ziffit to help raise funds. We will notify you when it is up and running, but in the meantime please have a rummage at the back of the cupboard, who knows what treasure could be found.

www.ziffit.com/en-gb/donate-my-stuff

Welcome!

As we start to open our clubs again we are really pleased to welcome a number of new volunteers! Hello to Cameron at C25 & SENS, Natalie at Club25, Katie at Go Explore, Michael at Boccia, Hayley & Katie at SSC and Will at Football.

Baby Announcements!

Congratulations to our sports & fitness coach Dean Fitton and his partner Kacey on the arrival of baby George on Sunday 25th April.



We also send congratulations to volunteer Olivia Edwards and partner Louis on the arrival on Freddie Osian, born on Monday 3rd May.

Lots of love to you all!

Bath Half Marathon

The Bath Half Marathon has been postponed until 13th March 2022. This will be disappointing for many but on the plus side plenty of time to train. We still have some charity places available, so if you've been considering it then now's the time to sign up! All booked places will carry over and the organisers will contact the runners direct.

If you have any questions about the event or want to take part, please contact Amanda amanda@keynshammencap.org.uk



Virtual Collection Tins

Paying with cash on the high street is now less common, and so the traditional collection tin for charities will eventually become a thing of the past. These tins have been a steady revenue for us, but to keep up with the changing times we have produced posters with QR codes and text to donate numbers to make donating easier. If you know a business, shop or workplace that would like to support us and would be happy to display our poster please let us know by emailing:

amanda@keynshammencap.org.uk



Volunteer Birthdays for May

Happy Birthday to...

Vince Meredith
Molly Grierson
Naomi Tarrant
Tracey Burton
Neil Poole
Kim Cole
Stella Dowsett
Toby Kempster

Hayley Fynn
Richard Barter



Contact Details

Keynsham Mencap Society

44 Bath Hill, Keynsham, BS31 1HG

Tel: 0117 986 5659

Mob / Text: 07792 722471

Website: www.keynshammencap.org.uk

Email: info@keynshammencap.org.uk

Facebook: Keynsham Mencap

Twitter: @keynsham_mencap

Instagram: keynshammencap

TikTok: @keynshammencap