

## WELCOME BACK EVERYONE

We are delighted that all of our clubs are now open and operational again! And as all social distancing measures were lifted, we have been able to bring clubs back together that were running in smaller groups. Although we are cautiously optimistic about going forward, we are, for now, still keeping some safety procedures in place to keep everyone safe.

- \* Staff and volunteers are doing LFT
- \* Temperature checks on arrival
- \* Regular use of hand sanitiser
- \* Doors and windows open for ventilation
- \* Everyone encouraged to wear masks
- \* Thorough cleaning before and after each session

## Do A Skydive - At No Cost!

Have you always wanted to complete a skydive? Is it one of the things on your bucket list that you would love to do one day?

Well, great news!

We've teamed up with Skydive Buzz to offer our supporters an opportunity to jump out of a plane from 15000ft whilst raising money for us! There is no upfront cost to participants. All you need to do is raise a minimum of **£395** in sponsorship.

We've got 8 amazing people signed up so far and there's still time for more to join them!



Sunday 3rd October at  
Dunkeswell Airfield.

## Join Our Team!

### Staff Vacancies for: Club Leader and Deputy Leader

We are recruiting for two paid positions at our SENSations Club; a club leader and a deputy.

We are looking for dynamic and enthusiastic people to help plan and deliver activities at our twice weekly sessions in Keynsham. Previous experience of working with children with learning disabilities required

Tuesday & Thursday evening  
term time only.  
5:30 - 7:30pm

To request a copy of the job description, an application form, or for more information please contact Laura on 07792 722471 or by emailing [laura@keynshammencap.org.uk](mailto:laura@keynshammencap.org.uk)



## Pocket Park with Keynsham in Bloom

Two of our Ambassadors met with some of Keynsham in Bloom volunteers for the south west judging event.

Mencap, along with other community groups, have been involved in a project to make over the Pocket Park at the top of Avon Mill Lane.

Mencap members planted up the alpine and succulent troughs, and Go Explore club members painted, decorated and planted up old wellies for the recycling themed summer trail.



THE CHARLTON KEYNSHAM

## CHARITY FUNDAY FUNDRAISER

IN AID OF KEYNSHAM MENCAP

**SUNDAY 29TH AUGUST 2021**

**FREE ENTRY 12PM - 6PM**

The Charlton Keynsham are excited to announce our first ever charity fundraiser event! Join us on Sunday 29th August to support a local community charity - Keynsham Mencap. Rebuilding vital funds to support adults and children with learning disabilities and autism.

Interested in a community stall?  
Arts/Crafts/Local/Small businesses?  
£10 a stall  
Contact Mencap on 0117 986 5659  
[amanda@keynshammencap.org.uk](mailto:amanda@keynshammencap.org.uk)

Live Music/DJ,  
Face Painting  
Raffle, Bouncy Castle  
Quiz, Cake Competition!  
and SO much more to be announced!

**mencap** local  
Keynsham and district

Registered Charity: 275561

## Thank You!

Niall Tomlins and Ablefit for getting our blue minibus back on the road. We can't wait to start taking members out in it again!

Daniele Jeffers for the donation of envelopes.

## Volunteer Vacancies

We have a number of volunteer vacancies across our clubs. If you've ever thought about it, now's the time! You'll be fully supported, and we are a fun and friendly team. Volunteers can attend a trial session to get a feel for the club before committing.



### Current Vacancies:

#### Fitness for All

Monday evening, Keynsham.  
7:00-8:30pm

#### Radstock Youth Club

Tuesday evening, Radstock. 5:45-7:30pm

#### SENSations Club

Tuesday and / or Thursday evening, Keynsham.  
5:30-7:30pm

#### Go Explore

Wednesday evening, Keynsham. 7:00-9:00pm

Contact [laura@keynshammencap.org.uk](mailto:laura@keynshammencap.org.uk) for more information or to arrange a taster session.

## Coventry Partner Programme

Thank you to the staff of the Coventry Building Society Keynsham Branch who ran the raffle and to the customers who bought tickets in the branch during July. Congratulations to the winners who won a gardening hamper and a sweet and biscuit hamper.

The raffle made £400 that will be put towards our club activities.

## Your Nominations Did it!

Thank you to everyone who took the time to nominate us through the Movement for Good scheme, we managed to secure £1000 from your nominations.



## Volunteer Birthdays for August

### Happy Birthday to...

Nicky Albrow (40)  
Leanne Burge  
Vanessa Mills (60)



Have a great day!

## Welcome!

Hello to Mykenzie who joins us at Go Explore. Welcome to the team!

## Round the World Challenge

A huge well done to our RTWC participants who are clocking up their 'miles'. Members have been keeping active and taking part in lots of different activities such as walking, running, cycling, and at-home gym.

We've organised some more activity sessions throughout August too to help you clock up some more miles! We've got cricket with Keynsham Cricket Club, cycling on adapted bikes, tennis, bootcamp and bowls. Don't forget you need to book a place if you want to join in with any of these.

If you haven't signed up for the Round the World Challenge, but would like to then there is still time! Contact Laura to request a registration form or for more information.



## Lottery Grant

We're very excited to tell you that we have been awarded a grant from the National Lottery Community Foundation. We will receive £28,000 a year from them for the next 3 years. This is an amazing amount of money that provides us with a real lifeline, it equates to a quarter of our annual fundraising targets. These awards are only made possible from the lottery tickets that are sold each week, where a percentage of the revenue is set aside for deserving causes like us. So if you are a lottery ticket buyer, thank you, you were in it and we won it!



## Contact Details

### Keynsham Mencap Society

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