

## Keynsham Mencap Dinner and Auction

Our dinner and auction event is taking place on Saturday 26th March at the Apex Hotel in Bath. If you are not attending the event you can still support us by purchasing raffle tickets. There are some incredible prizes up for grabs! Tickets are available from club leaders or from the office. The draw will take place on the night.

## Charity Abseil

Do you fancy taking on a challenge this spring? We're organising a sponsored event abseiling down the tower of St John the Baptist Church in Keynsham. Saturday 7th May.

The registration fee is £25 per person, with a suggested sponsorship of £100.

Email [amanda@keynshammencap.org.uk](mailto:amanda@keynshammencap.org.uk) to register your interest.



## Join our Team!

**We are recruiting for the following positions:**

### Club25 Leader

Club25 is a social group for adults; it runs on a Thursday evening in Keynsham.

We are looking for someone dynamic, creative, with a positive can-do attitude.

The role includes planning and delivering activities and overseeing the weekly club nights.

### Go Explore Deputy

Due to expansion, our Go Explore Club is now appointing a deputy leader. The club is for young adults 18-25 and runs on Wednesday evening. The deputy role is to work with the leader to deliver the activities, support the volunteers and to supervise the group.

### Piano Accompanist

We are looking for a piano accompanist that can attend our Music Man Project rehearsals on a Saturday morning, and play the piano for the members to sing and play along with.

To request an application form please email [laura@keynshammencap.org.uk](mailto:laura@keynshammencap.org.uk)



## Volunteer Vacancies

Due to expansion, we are recruiting more volunteers to join our teams. We have vacancies at a number of our clubs. We currently have a waiting list of members wanting to join.

### SUPER SATURDAY CLUB

Saturday mornings during term time  
10:00-12:00  
Three Ways School, Odd Down, Bath

### RADSTOCK CLUB

Tuesday evening during term time  
6:00-7:30  
Radstock Children's Centre

### SENSations UNDER 11's

Tuesday evening during term time  
5:45-7:15  
Somerdale Pavilion, Keynsham

### SENSations OVER 11's

Thursday evening during term time  
5:45-7:15  
Somerdale Pavilion, Keynsham

### FITNESS CLUB

Monday evenings  
7:00-8:30  
St John's Church, Keynsham

### BOCCIA CLUB

Wednesday evenings  
6:00-7:00  
Wellsway School, Keynsham

### GO EXPLORE CLUB

Wednesday evenings  
7:00-9:00  
St Dunstan's Church, Keynsham

### CLUB25

Thursday evenings  
7:30-9:30  
St Dunstan's Church, Keynsham



## Thank You!

Alan Hale for the donation towards our minibus costs.

Members and their families who have donated raffle prizes.

## Charity Partnerships for Second Year

We are pleased to announce that Coventry Building Society and PBTA have agreed to be our charity partners again through 2022.

They are currently working on a full schedule of fundraising events, including wing walking, marathon running, cake sales and raffles. Staff will also be volunteering their time at our own events, activities and clubs.



## Save the Date!

The musicians from our Music Man Project will be performing on the bandstand in Keynsham Memorial Park, Saturday 18th June.

We're always looking for new opportunities for our musicians to perform. Do you have any events, groups or clubs that you'd like us to visit? We'd love to come along to sing and play for you. We've visited a youth club, a local retirement complex and we've sung in Waitrose supermarket!



Music Man Project

## Mencap #MythBusters

Have you seen the latest from Mencap, called #MythBusters? Mencap are sharing stories of people who are challenging misconceptions about what living with a learning disability looks like. The Mythbusters include athletes, activists, business owners, models, actors, dancers, a football coach and more. Have a look at the Mencap website [mencap.org.uk/mythbusters](http://mencap.org.uk/mythbusters) to read the stories, and if you want to become a Mythbuster too you can send them your story.



## Volunteer Birthdays for March

**Happy Birthday to...**

Ceri Lloyd  
Jacqui Dallimore  
James Hort  
Amy Wingrove  
Nat Hamilton



*Have a great day!*

## Welcome

Hello to new volunteers Charlotte and Lucy at SENS, Jade at Club25 and Alfie at Music Man.

## Sign Up for One of Our Events!

### March for Mencap

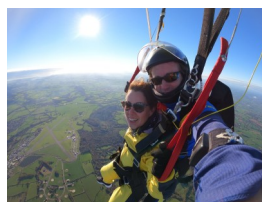
Why not set a personal challenge to walk as much as you can this month and 'March for Mencap'!



### Skydive

We have another date in the diary when more thrill seekers can take part in a sky dive for free, providing they raise a minimum amount of sponsorship of just under £400.

If you are interested in taking part on Sunday 3rd April 2022 with the next team, or if you want to do it solo, please contact me in the office [amanda@keynshammencap.org.uk](mailto:amanda@keynshammencap.org.uk) for more details.



It will be one of the most incredible challenges you have ever done - I speak from experience!

- Amanda

### Bath Half Marathon

Unfortunately the Bath Half Marathon had to be postponed until Sunday 29th May. As a result we have had a couple of our charity spaces become available. Please get in touch if you would like to join Team Mencap.



## Contact Details

### Keynsham Mencap Society

44 Bath Hill, Keynsham, BS31 1HG

Tel: 0117 986 5659

Mob / Text: 07792 722471

Website: [www.keynshammencap.org.uk](http://www.keynshammencap.org.uk)

Email: [info@keynshammencap.org.uk](mailto:info@keynshammencap.org.uk)

Facebook: Keynsham Mencap

Twitter: @keynsham\_mencap

Instagram: keynshammencap

TikTok: @keynshammencap