

Oh, What a Night!

A huge thank you to everyone that attended our black tie Dinner and Auction on 26th March. We had a very special evening at the Apex Hotel raising money for the Society. A three-course meal, auction, raffle and after dinner dancing made for a superb night. We had over 120 people in attendance and a great time was had by all. It was good to be together again after so long. The night raised over £5,000! That is a staggering amount and we are thrilled!



Music Man Project to Perform at Ukraine Fundraising Concert

Our Music Man group have been asked to perform at Greenpark in Bath on Saturday 7th May. The event will see a number of bands and choirs perform over a 24 hour period to raise money for Ukraine. Our group will be part of the line up with a half hour slot. Our time is yet to be confirmed - but keep an eye out for updates!



Uproar

Uproar Nightclub is back! After a break during the pandemic, the nightclub for people with learning disabilities opened again this month and we couldn't wait to get back. The event is organised by Bath Mencap and takes place at Komedia, with a live DJ playing all the favourite dance tunes. We're already looking forward to the next one!



Join our Team!

We are recruiting for the following positions:

Club25 Leader

Club25 is a social group for adults; it runs on a Thursday evening in Keynsham. We are looking for someone dynamic, creative, with a positive can-do attitude. The role includes planning and delivering activities and overseeing the weekly club nights.

Piano Accompanist

We are looking for a piano accompanist that can attend our Music Man Project rehearsals on a Saturday morning, and play the piano for the members to sing and play along with.

To request an application form please email laura@keynshammencap.org.uk

Charity Abseil

Do you fancy taking on a challenge this spring? We're organising a sponsored event abseiling down the tower of St John the Baptist Church in Keynsham.

Saturday 7th May.
The registration fee is £25 per person, with a suggested sponsorship of £100.

Places are filling up fast!

You can book online at TicketTailor website:
<https://buytickets.at/keynshamdistrictmencapsociety/656302>
Email amanda@keynshammencap.org.uk if you have any queries.



Thank You!

Connaught Lodge, Vale of Brislington, and Somerset Masonic Masons for their joint fundraising and donation.

Mrs Hale for her donation in memory of former Trustee Kit Kettel.

Music Man Project Shortlisted for Award

The Music Man Project was recently shortlisted in the final of the Music and Drama Education Awards. The project was shortlisted for the "Rocksteady Award for Progressive and Inclusive Music Education".

An award ceremony took place on 23rd March 2022 at the London Marriot Hotel.

Music Man Project director David Stanley was in attendance along with a number of representatives from local groups – including our very own Naomi Tarrant!

Unfortunately they didn't win this time, but what a super achievement to be shortlisted. Well done to all involved.



Remembering Megan

We were really saddened to hear that Megan Lucas, who attended our Go Explore Club, recently passed away. She died peacefully at her home after a short illness.

Megan had an infectious smile, loved a good natter and a gossip and was a brilliant artist. She had a fantastic way with the other members and an innate ability to help people feel calmer when they were anxious or worried. She loved to help other people and many of the group members looked up to her. Megan was a friend to everyone and will be greatly missed by us all. May she rest in peace.



Volunteer Birthdays for April

Happy Birthday to...

Katie White

Ann Dowding (50)

Mel Beaven

Julian Cole

April Siva

Niall Tomlins



Have a great day!

Round the World Challenge

Over the last year a number of members have been taking part in a 'Round the World Challenge', whereby they completed as many hours of physical activity as they could. Some of the sessions were organised by the society, and some of the hours were completed independently. We've had a variety of different sessions; rugby, athletics, cricket, cycling, boxing, hockey, yoga, barn dancing, tennis, trampolining, tae kwon do...the list goes on!

In total, the participants have completed over **500** hours of activity! What an achievement!

None of this would have been possible without the clubs, coaches and organisations that helped our members by running sessions. A huge thank you to:

Nova Sports & Coaching
Bristol Family Cycling Centre
Keynsham Cricket Club
Bath Bowls Club
In2Sport

Nick Dewfall
Dave Twine
Jemima Murray
Kezzie Burt
Derek Skidmore



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