

Trustees for Coming Year

Last Thursday, 16th June, we held our annual AGM. It was a chance for us to look back at everything we've done over the past year. You can watch the video on our YouTube channel.

It was also a time to appoint the trustees for the coming year.

After 9 years at the helm, Lisa O'Brien is stepping down as Chair of Trustees for a well earned rest. Lisa has been involved with the Society for more than 30 years, in fact having been Chair on previous occasions too. Lisa brought a wealth of knowledge and experience to the role, which will be hard to replace. We send our deepest thanks to Lisa, and wish her all the best.

Our Trustees for 2022/2023 are:

CHAIR: Kath Dawson

DEPUTY CHAIR: Sandie Davis

TREASURER: Russell Pocock

Andrew Marchant

Charley Davis

Niall Tomlins

Nick Leonard

Music Man Project

On Saturday 18th June, our musicians took to the stage at Keynsham Bandstand, as part of the town councils summer line up. Despite the wet start to the day, the clouds cleared long enough for them to perform an hours set to an enthusiastic audience. We even attracted some local dog walkers who stopped to enjoy the show! Thank you to everyone who came along.

Their next performance will be on Saturday 2nd July, as part of Keynsham Music Festival. What an accolade! Catch them on the Folk Stage in the park at 2:40pm.



Uproar Nightclub

Another great night was had at Uproar this month, a nightclub for people with learning disabilities. We haven't missed one yet and it's a firm favorite with the members! Always a superb evening of dancing to our favourite songs with our friends. Thank you to all the volunteers.



Inclusive Sports Day

This summer we're teaming up with Nova Sports & Coaching to offer a sports day for all abilities. Come and try a variety of activities including football, rugby, athletics, boccia, sensory games, wheelchair basketball, and more to be announced! Tues 9th Aug at Wellsway School. 10am-2pm. Stay as long as you like, and chose your own activities. Ages 5-21. Siblings welcome.

KEYNSHAM MENCAP'S

INCLUSIVE SPORTS DAY

09.08.22
WELLSWAY SCHOOL BS31 1SR

£5 per family

Ages 5-21

Try a variety of sports and games

Wheelchair Basketball
 Football
 Rugby
 Athletics
 Boccia
 Sensory Games

Plus more to be added!

For children with learning disabilities and their siblings.

Tickets: buytickets.at/keynshamdistrictmencapsociety/709980 or scan the QR code below

Children must be accompanied by a parent or carer

Sponsored By:

In Partnership With:

Thank You!

Tony Church and Anna Pera who donated a percentage of sales from their art sale to Super Saturday Club.

Jubilee Disco

We had a wonderful evening celebrating the Queen's jubilee with a red, white and blue theme disco. We had over 70 people, dressed to impress, and who danced the night away. Thanks to SW Discos for the music and all the volunteers who helped on the evening.



Some of our members also appeared in a short film about the Jubilee put together by the Town Council. 'Celebrating the Jubilee - A Platinum Jubilee Film' is available on YouTube. Skip to 18.55 to see our members.

Welcome

We'd like to say hello to new volunteers Vanessa and James at SENSations, and Sarah at Go Explore. Welcome to the team!

Movement for Good Awards Please Nominate Us!

Please log on to www.movementforgood.com and nominate us to be awarded £1000. This amount will make a huge difference. All you need is our charity number which is **275561** and be prepared to answer a few basic questions. It takes less than a minute. Please ask family and friends to nominate us too. In 2020 we were fortunate to be awarded funds so we know it works.



We have had many new families and volunteers join recently and we would love to add you to our online mailing list. You will receive a monthly electronic **Fundraising News** e-newsletter with links to interesting news and activities and access to our paper newsletters hosted on our website. Please email amanda@keynshammencap.org.uk to be added to our online community.

Team KDMS Take on 5k Inflatable Challenge

Staff, volunteers and supporters took on the 5k inflatable challenge this month to raise funds. The 11 runners completed a 5k run and took on a number of inflatable obstacles along the way. They made their way through 32 fun but challenging obstacles - including things called 'Bish Bash', 'The Web', 'The Demon' and 'Temple of Doom'! The team raised over £800, well done everyone!



Volunteer Birthdays for July

Happy Birthday to...

Georgia Meredith
Jamie Newman
Grace Barter
Shannon Hopkins
Tony Yendle
Natty Poole
Kath Dawson
Rachel Chubbuck



Have a great day!

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