

A New First - Our Inclusive Sports Day for Children

We held our first ever inclusive sports day for our young members and their siblings. We had a variety of sports and activities to come and try, in a fun and non-competitive environment.

We had over 50 children on the day and activities included golf, wheelchair basketball, boccia, rugby, football, archery, athletics, dance and dodgeball. Children collected stickers for the activities that they tried and then collected a medal for their hard work.



Thank you to our partner organisations who helped run the activities: Nova Sports & Coaching, In2Sport, Bath Rugby Foundation, and Flamingo Chicks.

A huge thank you to PBTA Keynsham for sponsoring the event and making the day possible.

We hope to make this an annual event and already have some ideas and plans for next year!



Ted's Travels

National Mencap have got a project running over the summer called #TedsTravels, where Ted the bear visits local groups across the country to find out about all the wonderful activities different local groups offer. Ted was only with us for a week and he was kept busy! He went to our music man project group, attended Makaton training, came along to our sports day and handed out medals, played boccia, had a water fight in the park with Go Explore, and went on a boat trip with Club25. Unfortunately our fitness and football sessions were cancelled due to the heat, so Ted stayed at home in the cool. As it's the summer our children's groups aren't running, but we hope that Ted can come back and visit again soon. We can't wait to see where he goes and what he does next!



SENSations Cycling Session

Children from our SENSations group were treated to a special afternoon to mark the start of the holidays with a

family cycling session, with adapted bikes

and trikes available for all.

Our young members and their siblings had great fun trying all the different bikes available.



Saturday Club Picnic

Super Saturday Club ended the summer term with an evening at Bath Park for picnic and games. Children enjoyed playing quoits, jenga, parachute games, hula hooping, multi sports and some very determined efforts to fly a kite! There was also music and plenty of dancing. Everyone had a lovely summers evening with their friends. Thanks to the volunteers who came along to help.



Thank You!

Keynsham Town Council for their donation
The Pickup Family and Saltford Marina for their donation

SAVE THE DATE!

Sponsored Walk, Cycle or Scoot

10:30am. Sunday 25th September.

Somerdale Circular Walk in Keynsham.

Our popular sponsored walk, cycle or scoot is back this year, this time at a new venue. There will be routes to suit all ages and abilities, a flat circular walk along the Avon River next to the Cadburys Chocolate quarter. There will be refreshments afterwards.

More information to follow - keep an eye on our social media pages! In the meantime you can contact Amanda to register your interest and for your sponsorship pack.

Everyone welcome, so bring the family along!



Will Plays for National Mencap Team!

We're so pleased for one of our football players Will. He was selected to play in Mencap's national England team. The team came second overall to winners Northern Ireland. Will was chosen to be the player to take the trophy home in recognition for his contribution, consistent performance, and the way he drove the team on. Well done Will!



Boccia Winners

Our Boccia Team took part in the Bath Boccia League for the second time this month - and they came away as overall winners. This is their second tournament, and second win. Well done team!

Do you fancy playing Boccia? The group meet Wednesdays 6:00-7:00pm at Wellsway School. New players are always welcome. Ages 14+



Ellis' Trip to Weston for Local Radio

Go Explore member Ellis and his mum Maria took the train from Bristol Temple Meads to Weston Super Mare to enjoy the amusements, lunch and the shops. Weston is one of Ellis's favourite places to go and to travel on the train was a huge treat too. The trip was part of GWR's 'Connecting Communities' initiative and facilitated by Keynsham Town Community Radio.

Ellis talked about what he saw on the train and what he was looking forward to doing once he arrived, Ellis loves to play on the plush grabbers at the pier. He saw that the 'Sea Monster' (Weston's latest tourist attraction) was under construction, once finished we're sure another visit to Weston will be in order. Ellis recorded his day with voice notes and photographs, and will look forward to hearing his adventures featured on KTCR very soon.



Makaton Training for Volunteers

Thank you so much to Club25 helper Nat who ran a Makaton signing workshop for volunteers. The group learnt the core vocabulary from Stage 1 and 2. Everyone who took part is looking forward to using more signing at our clubs and practicing what they have learnt.

Vans GB Charity of the Year

We are excited to announce that van hire firm 'Vans GB' have nominated us as their chosen charity of the year. Vans GB have supported us over the years with our minibuses and additional funding, and we look forward to a great year working together.

Volunteer Birthdays for September

Happy Birthday to...

Jess Bartlett
Tessa Hubbard
Kristy Tyack
Alfie Jeffery
Nicola Hodges
Joe Hamilton
Ella Taylor



Have a great day!

Contact Details

Keynsham Mencap Society
44 Bath Hill, Keynsham, BS31 1HG
Tel: 0117 986 5659
Mob / Text: 07792 722471
Website: www.keynshammencap.org.uk
Email: info@keynshammencap.org.uk
Facebook: Keynsham Mencap
Twitter: @keynsham_mencap
Instagram: keynshammencap
TikTok: @keynshammencap