

Newsletter

Fundraiser Position

If you enjoy talking to new people and getting involved in the local community, would like to run and manage local fundraising events, and you can write compelling cases that would secure grants and trust funding - then this might be the role for you!

You would be assisting local people with a learning disability to enjoy social opportunities and activities in Keynsham and the surrounding areas. We are looking for an enthusiastic person who is excited about making a difference for local people and can get the local community involved in helping too.

A flexible 20 hours a week role with some weekend and evening work.

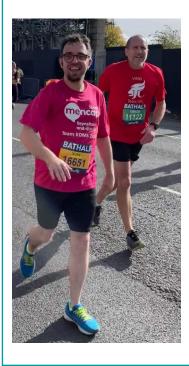
If this sounds like you, you can apply online at keynshammencap.org.uk



Well Done to Bath Half-ers!

Well done to TeamKDMS; Dave, Dean, Jack, Pete and Stacey who ran the Bath Half on Sunday 16th October. The 13.1 mile course took them around the sights of Bath, and past our enthusiastic cheer squad of supporters stationed on Lower Bristol Road.

Thank you so much to each of you for choosing us as your charity. Hope you are having a well earned rest now!





Christmas Fayre

A group of volunteers from SENSations Club are organising a Christmas Fayre to raise money for the Society.

Saturday 3rd December 10:30am - 2:30pm Key Centre, Keynsham

There will be a number of festive stalls, a raffle, cakes & refreshments, as well as a local craft market upstairs. Plus we've just had word from the North Pole that Santa will be paying a visit! Children can enjoy an half hour experience with Santa, with craft, sensory play, story time and photos, and each child will



receive a gift. Time slots for Santa are limited and must be pre-booked. You can book online at: https://buytickets.at/

keynshamdistrictmencapsociety/784482
The link will also be on our website and
Facebook page.

Thank You!

Maureen Milson for your donation Jo Donaghue for your donation

Bath Rugby Foundation



Throughout September and October, coaches and volunteers from Bath Rugby Foundation have visited some of our clubs to run sports sessions. Members from Fitness for All had 3 weeks of coaching, and the coaches also visited Go Explore and Club25. The members have loved

getting involved and having a go. Huge thanks to Dan and Lauren from BRF.

Football League - Back in the Game!

After a 2 year break, our football players are itching to get back to their league games. We have 3 teams entered in the Somerset FA Ability Counts league, where they play matches against other disability clubs.

The teams will be playing at Strode College in Street, and the fixtures will take place on the following dates:

6th November 5th February 5th March 30th April 11th June



Keep an eye on our social media to see how they are getting on!

Christmas Shopping Online?

If you shop online, or about to start your Christmas shopping, you can raise money for us whilst you do so at no extra cost to you. Online platforms such as Amazon Smile and Give As You Live donate a percentage to us every time you shop. You just need to sign up, access the online store via their websites, and away you go!





Volunteer Birthdays for November

Happy Birthday to...

Jemima Murry **Lucy Carter**



Have a great day!

Welcome!

Hello to new volunteer Grace at SENSations. Welcome to the team!

Music Man Project Christmas Concert

Saturday 17th December 3:00pm

St John's Church, Keynsham

Enjoy an afternoon of festive songs and carols performed by our musicians. This year's annual Christmas concert will take place at St John's church in Keynsham. There will be refreshments in the interval, and a raffle to win a hamper. Free entry to all, with a retiring collection.

Minibus Drivers Wanted

We are looking for volunteer drivers who could help us out on ad hoc basis, driving the minibus to activities and events. We won't need you



on a regular basis, but if you are happy to help us occasionally we would love to hear from you! You need to be between the ages of 21 and 69, and been driving for 2 years or more. A D1 category on your license would be advantageous, but not essential. We will also pay for you to attend a minibus driving course if required (depending on your driving experience).

Bath Half 2023

Have you been inspired by our runners this year? We have 10 Bath Half 2023 places available! The 2023 race is scheduled for Sunday 15th October 2023. If you would like to take part in

this iconic running event and raise money please get in touch; it's only a £10 registration fee, and we ask for a commitment to raise at least £100 in sponsorship. Contact the office for more information.



Contact Details

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