

Club25 Impact Report 2025

Building friendships, confidence and community through inclusive weekly social activities

Our Impact At A Glance

100%

Strongly agree they are made to feel welcome and included

100%

Agree or strongly agree staff & volunteers help them feel safe

100%

Agree or strongly agree they are happy when at club

77%

Come to Club25 every week

"Friendships made and kept at Mencap. See them all together, encouraging and helping each other, cheering each other on whether it's sports or raffle prizes! The atmosphere is out of this world, and priceless."

- Member

How Club25 Makes a Difference

Happiness & Belonging

100% agree or strongly agree they are happy at club. Members describe Club25 as a place where they truly belong and look forward to coming every week.

Confidence & Independence

100% agree or strongly agree club helps them be more confident. 98% agree club helps them be more independent, building life skills and self-belief.

Friendships & Community

98% agree or strongly agree staff help them make friendships. 93% agree Mencap helps them be part of the wider local community.

Safety & Respect

100% agree or strongly agree staff & volunteers treat them with respect and can meet their support needs, creating a safe, supportive environment.

"Best things at Mencap are they include me in EVERYTHING. Different activities."

"I wouldn't miss Thursday night for anything!"

"Mencap has improved my life. Thank you."

- Members

Reach & Engagement

- **70 registered members** on the Club25 list
- **44 members** responded to the 2025 survey (63% response rate)

- **77% attend every week** showing exceptional commitment and engagement
- **25 years of impact** – some members have been attending clubs for a quarter century

What Members Love

Most Popular Activities

- **Social outings:** Bowling, pub trips, meals out, boat trips
- **Entertainment:** Discos, silent disco, karaoke, shows, theatre trips
- **Sports & fitness:** Golf, line dancing, swimming, fitness club
- **Creative activities:** Cooking, baking, art & craft, Music Man Project
- **Special events:** Holidays, party nights, Christmas parties, fundraising events
- **Animal encounters:** Pet evenings, farm animals, reptile visits

Future Activity Suggestions

- **New sports:** Archery, laser fusion, walking football, self-defence/karate
- **More creative options:** Drama lessons, music workshops, arts & craft
- **Social activities:** Pamper nights, Christmas markets, eating out
- **Outings:** Pantomime, petting farms, Weston-super-Mare day trip
- **More of what works:** Bowling, cooking, quizzes, games nights

Member Feedback

What Mencap Does Well

- Wide variety of activities – trips, holidays, sports, creative sessions, social events
- Inclusive environment – "they include me in EVERYTHING"
- Staff relationships – "very helpful and organised. Especially Laura!"
- Community building – creating lasting friendships and support networks
- Holidays – repeatedly mentioned as a highlight members treasure
- Accessible communication – "Pictures on letters" help members understand

Areas to Improve

- Healthier snack options in the tuck shop
- Better introductions when new members join – help existing members learn names
- Volunteer opportunities – members want to contribute and help
- Flexibility – one member would love club moved to Tuesday so they can attend more often
- Most members say: "I can't think of anything" or "Very happy with Mencap"

With sustained funding, Club25 can continue to be the weekly anchor where adults with learning disabilities find friendship, joy, confidence and community – transforming lives & creating an atmosphere that members describe as "out of this world, and priceless."