

# SENSations Over-11s Social Club

## Parent Impact Snapshot 2025

Helping children with learning disabilities and autism feel confident, connected and excited about life beyond school

### Satisfaction & Inclusion

**100%**

Overall satisfaction rated 4-5 stars

**100%**

Feel welcomed and included by staff & volunteers

**100%**

Score 9-10/10 for recommending to another parent

**100%**

Communication rated "Excellent" or "Good"

*"Mencap Keynsham is fantastic... we were isolated before, now we have found **our people** and that has increased both our quality of life."*

-Parent

### How The Club Helps My Child

#### Confidence

All parents report **improved confidence** – "given him a chance of a social life and brought his confidence levels massively."

#### Independence

Children now go into club **without parents** and manage group activities more independently.

#### Friendships

All say their child has **made new friends** and developed better social skills like turn-taking and sharing.

#### Communication

Parents report **improved communication**, including non-verbal young people trying more verbal interaction.

#### Trying New Things

Every family reports **willingness to try new activities** – from trampolining to animal visits to pizza nights.

#### Reduced Loneliness

Parents consistently report **reduced feelings of isolation or loneliness** in their child.

*"Wouldn't leave my side ever but now happily goes into club by themselves... and is thriving."*

*"They're doing things we couldn't do without club – group games, waiting for their turn and sharing."*

-Parents

### Impact on Families

#### What Parents Tell Us

- **Easier family life:** Club has reduced stress and given breathing space – "Enables us to spend time with our other child."
- **Routine & stability:** Regular Thursday sessions give young people something to look forward to every week, helping them feel more settled at home.
- **Financial relief:** Subsidised trips (panto, trampolining, pizza, animal visits) let families access activities they "wouldn't normally be able to afford."
- **Belonging:** Parents describe the club as a "lifeline outside of school" and say they now feel part of the "Mencap family."

*"Our child has felt included, excited and is given a chance to socialise outside school with children like themselves... you have helped our family so much."*

-Parent

### Looking Ahead

#### Parent Priorities

- **Continue high-interest activities:** Trampolining, pizza nights, animal visits, multi-sports, music and arts.
- **New groups to explore:** Gaming, dance, music clubs, and weekend holiday camps for older young people.
- **Sensory-friendly events:** Age and sensory-specific sessions at big events so children who find noise overwhelming can stay and enjoy.
- **Teen transition support:** More signposting to specialist services and guidance as children grow older.

**With sustained funding, SENSations can keep being "our people" for families who were previously isolated – turning Thursday nights into confidence, friendships and breathing space for everyone at home.**